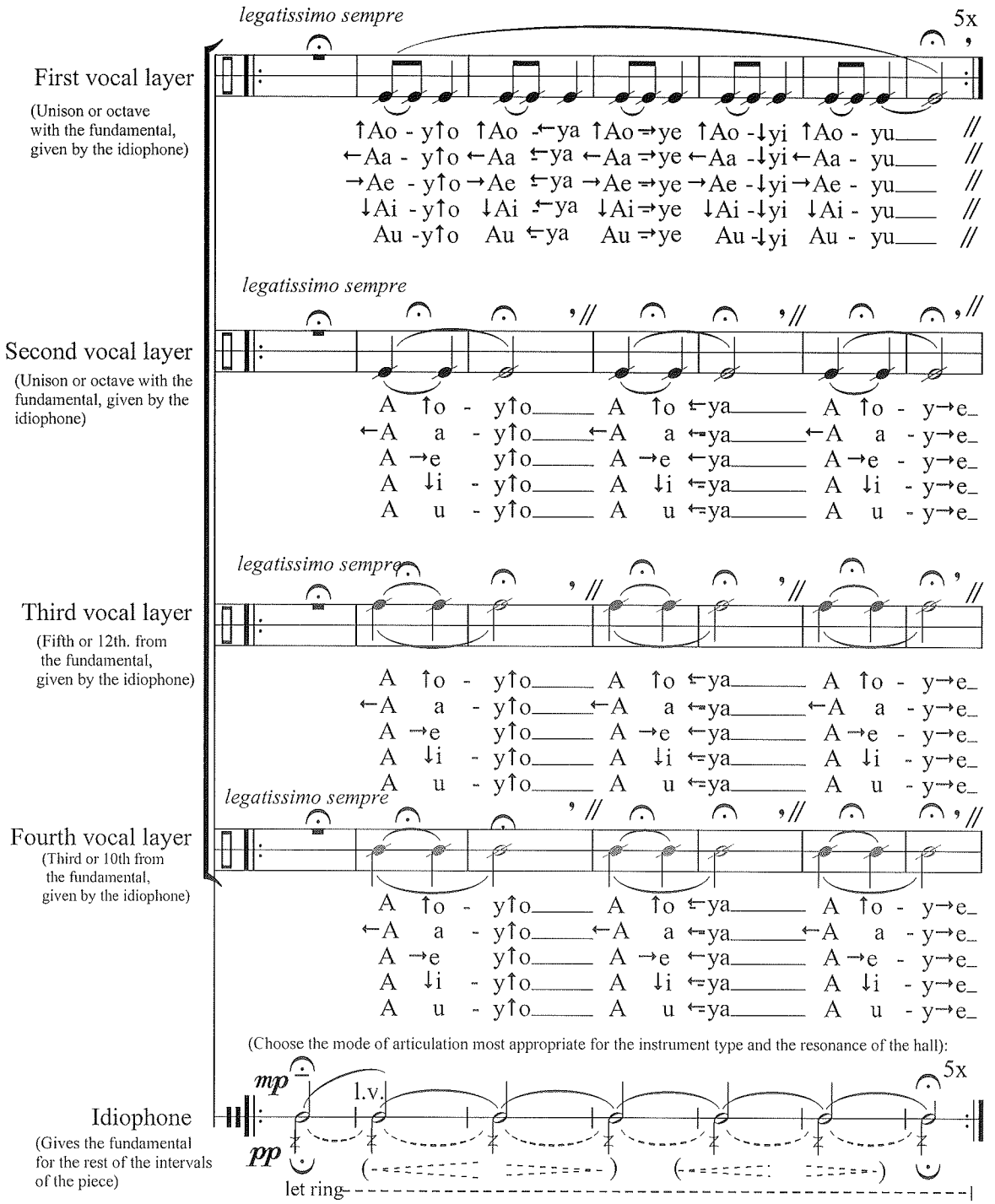
Ha-Shem

(*The Name*)

Cabalistic permutations and
head-movement instructions by
Abraham Abulafia (1240-1290)

Music by Johann Hasler
(b. 25-07-72, 14:53 EST, 06°N15' / 75°W35')

Individual, unequal tempo in each part (depending on lung capacity)



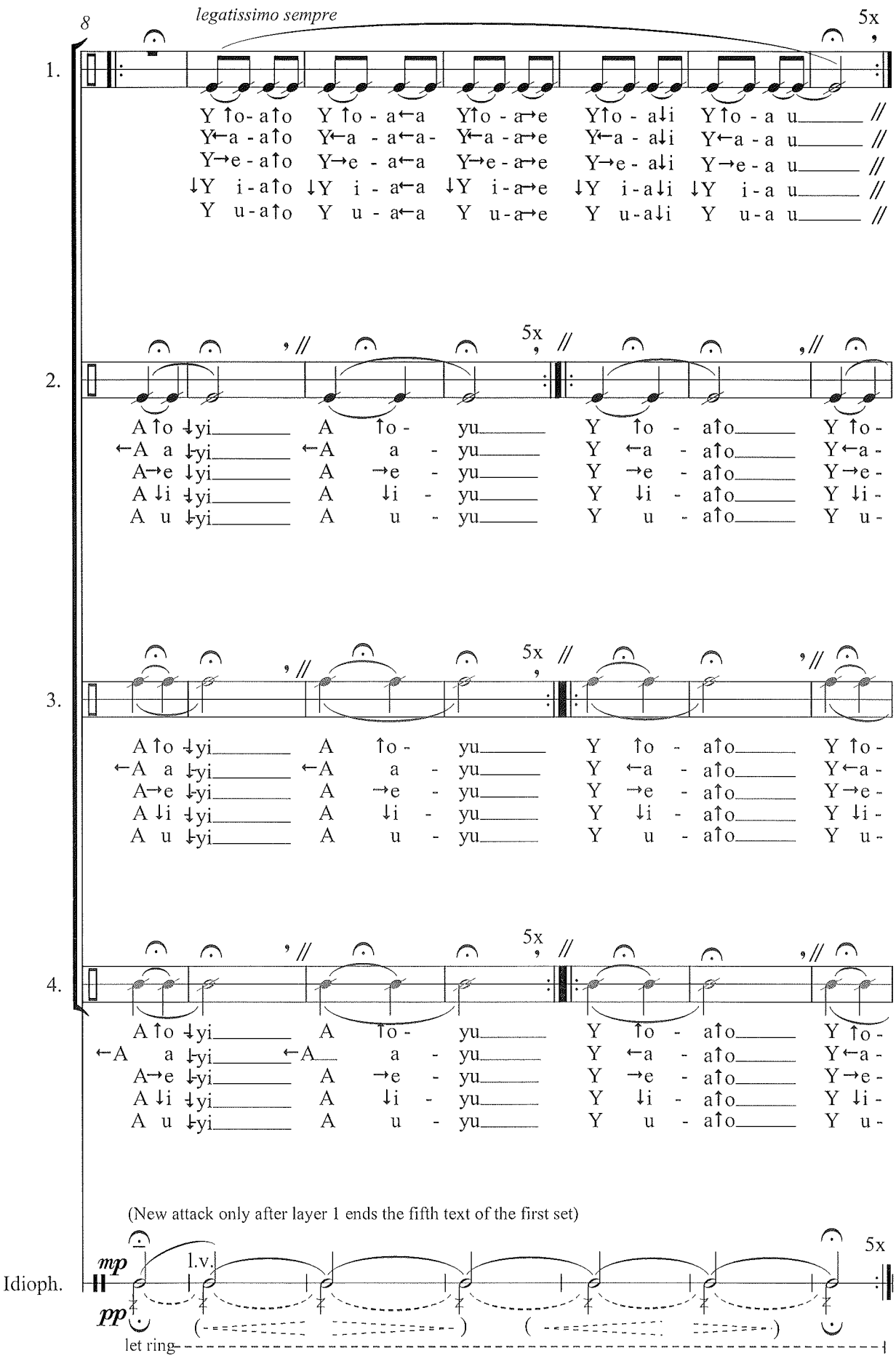
The exercise can be performed by any number of singers, from a single one to a full chorus. The fewer the singers, the less "vocal layers" involved. It can be performed by the idiophone and any number of the written "vocal layers"

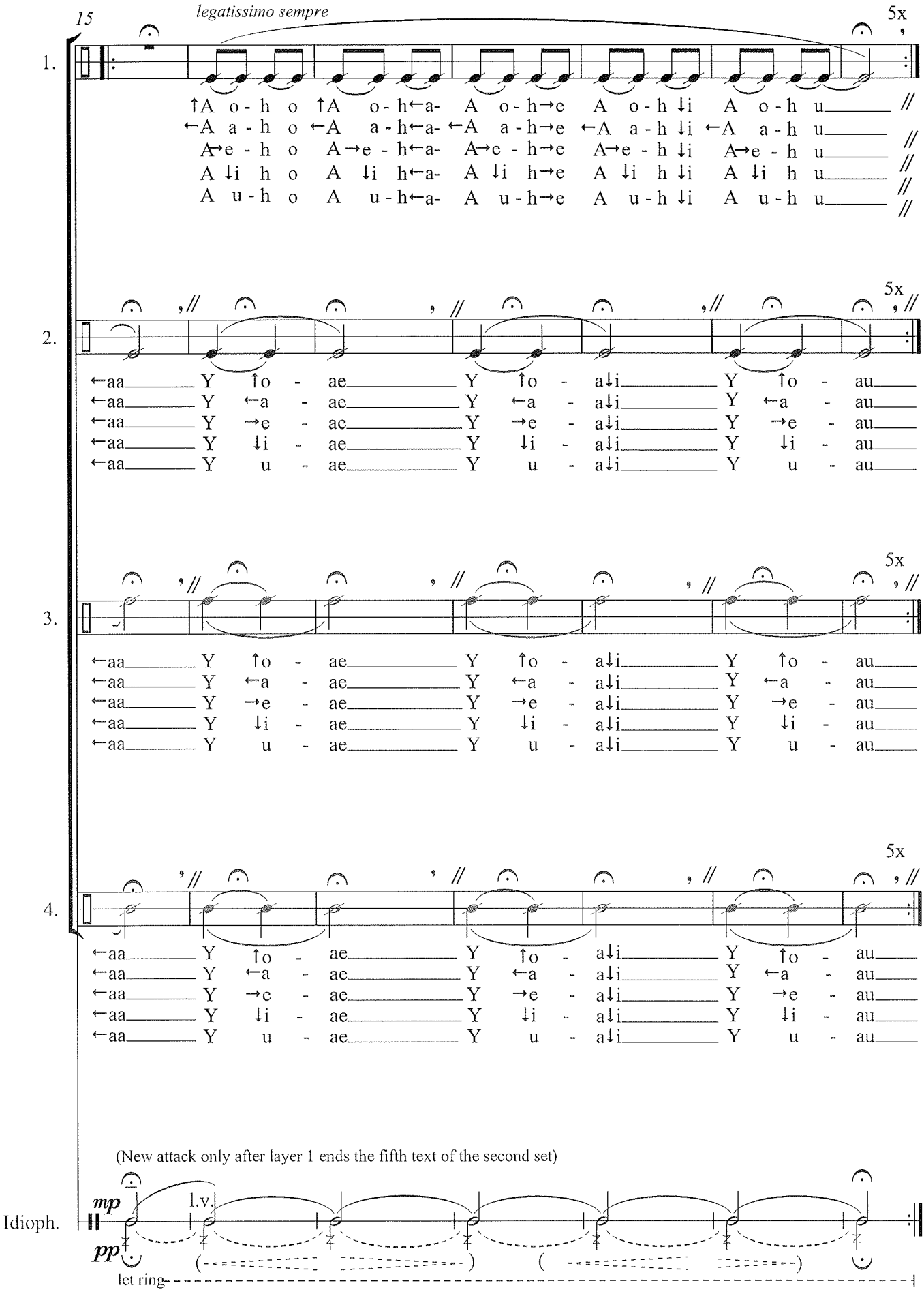
All singers should constantly produce harmonics at every attack. Ideally a "harmonic sweep" covering several harmonics should be tried at each attack.

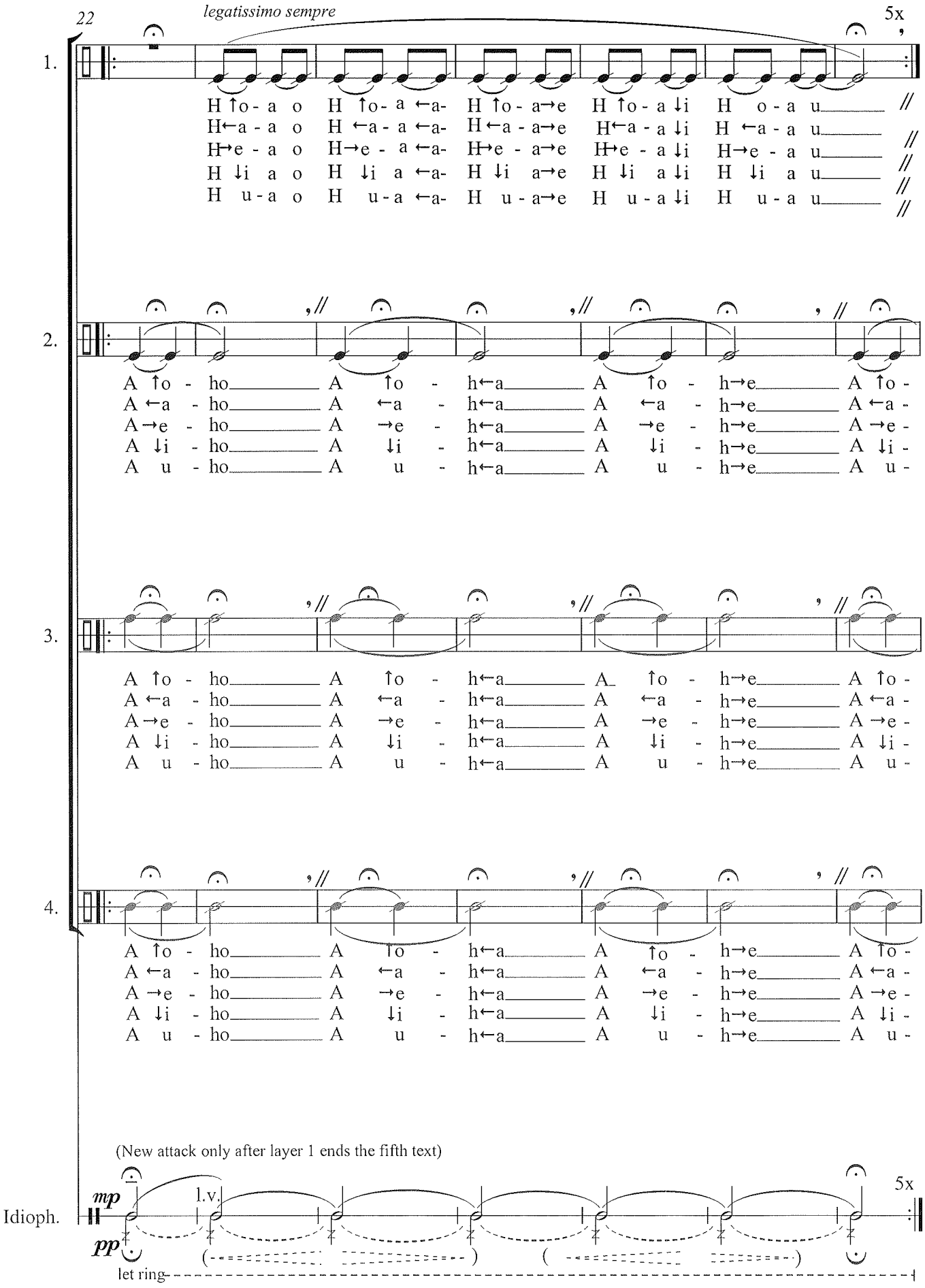
Vowels should be pronounced as in Italian. Differentiate between *Y* (semi-consonant) and *I* (vowel).

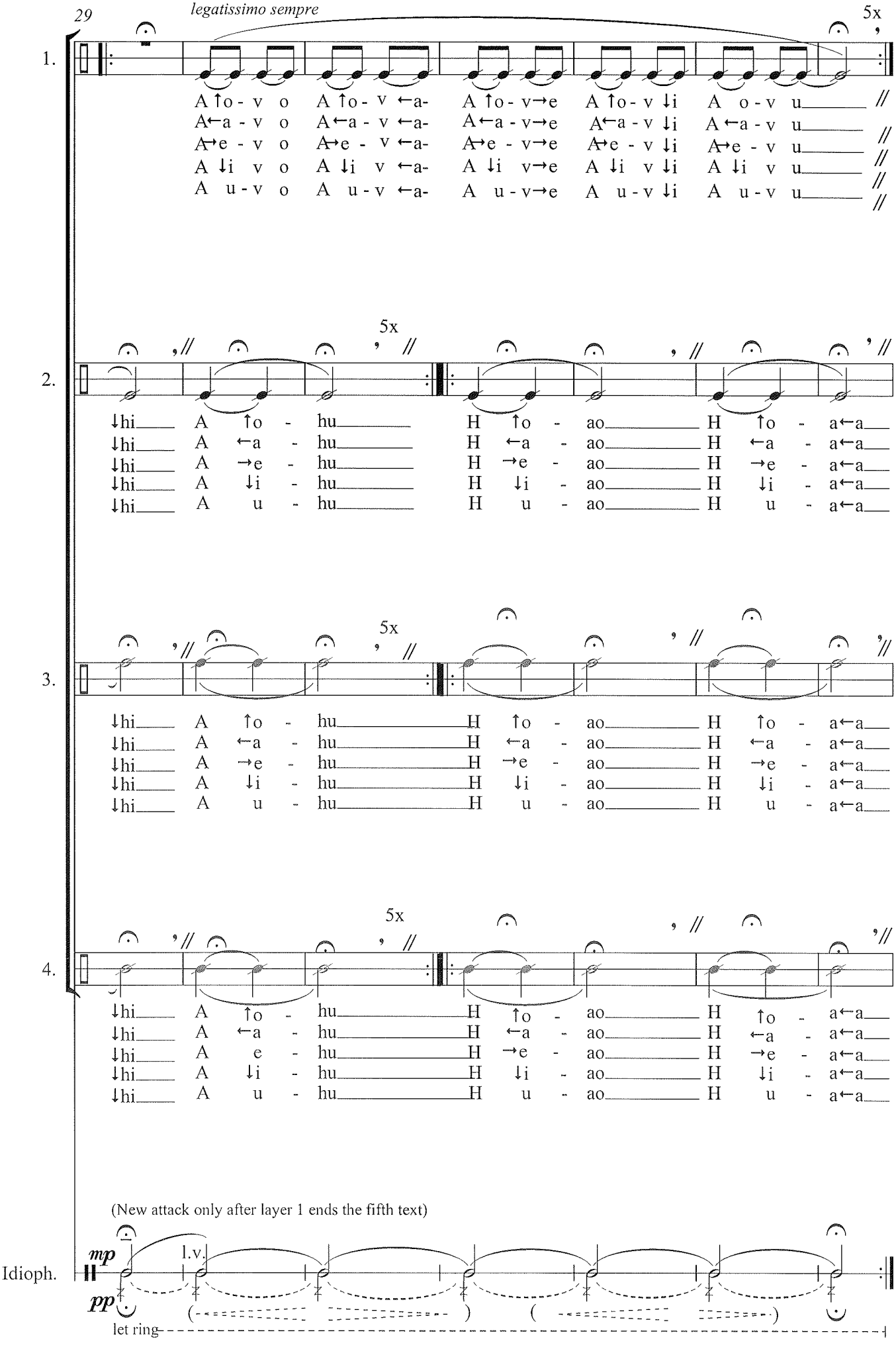
It is not necessary that singers performing the same layer are synchronized. Neither should synchronization be expected between different layers.

Always in individual, unequal tempo (depending on lung capacity)




15
legatissimo sempre
5x
1.
↑A o - h o ↑A o - h←a- A o - h→e A o - h ↓i A o - h u
←A a - h o ←A a - h←a- ←A a - h→e ←A a - h ↓i ←A a - h u
A→e - h o A→e - h←a- A→e - h→e A→e - h ↓i A→e - h u
A ↓i h o A ↓i h←a- A ↓i h→e A ↓i h ↓i A ↓i h u
A u - h o A u - h←a- A u - h→e A u - h ↓i A u - h u
2.
←aa Y ↑o - ae Y ↑o - a↓i Y ↑o - au
←aa Y ←a - ae Y ←a - a↓i Y ←a - au
←aa Y →e - ae Y →e - a↓i Y →e - au
←aa Y ↓i - ae Y ↓i - a↓i Y ↓i - au
←aa Y u - ae Y u - a↓i Y u - au
3.
←aa Y ↑o - ae Y ↑o - a↓i Y ↑o - au
←aa Y ←a - ae Y ←a - a↓i Y ←a - au
←aa Y →e - ae Y →e - a↓i Y →e - au
←aa Y ↓i - ae Y ↓i - a↓i Y ↓i - au
←aa Y u - ae Y u - a↓i Y u - au
4.
←aa Y ↑o - ae Y ↑o - a↓i Y ↑o - au
←aa Y ←a - ae Y ←a - a↓i Y ←a - au
←aa Y →e - ae Y →e - a↓i Y →e - au
←aa Y ↓i - ae Y ↓i - a↓i Y ↓i - au
←aa Y u - ae Y u - a↓i Y u - au
(New attack only after layer 1 ends the fifth text of the second set)
Idioph.
mp
l.v.
pp
let ring


22
legatissimo sempre
5x
1.
H ↑o - a o H ↑o - a ←a- H ↑o - a→e H ↑o - a ↓i H o - a u
H←a - a o H ←a - a ←a- H←a - a→e H←a - a ↓i H ←a - a u
H→e - a o H→e - a ←a- H→e - a→e H→e - a ↓i H→e - a u
H ↓i a o H ↓i a ←a- H ↓i a→e H ↓i a ↓i H ↓i a u
H u - a o H u - a ←a- H u - a→e H u - a ↓i H u - a u
2.
A ↑o - ho A ↑o - h←a A ↑o - h→e A ↑o -
A ←a - ho A ←a - h←a A ←a - h→e A ←a -
A →e - ho A →e - h←a A →e - h→e A →e -
A ↓i - ho A ↓i - h←a A ↓i - h→e A ↓i -
A u - ho A u - h←a A u - h→e A u -
3.
A ↑o - ho A ↑o - h←a A ↑o - h→e A ↑o -
A ←a - ho A ←a - h←a A ←a - h→e A ←a -
A →e - ho A →e - h←a A →e - h→e A →e -
A ↓i - ho A ↓i - h←a A ↓i - h→e A ↓i -
A u - ho A u - h←a A u - h→e A u -
4.
A ↑o - ho A ↑o - h←a A ↑o - h→e A ↑o -
A ←a - ho A ←a - h←a A ←a - h→e A ←a -
A →e - ho A →e - h←a A →e - h→e A →e -
A ↓i - ho A ↓i - h←a A ↓i - h→e A ↓i -
A u - ho A u - h←a A u - h→e A u -
(New attack only after layer 1 ends the fifth text)
Idioph.
mp
pp
l.v.
5x
let ring


29
legatissimo sempre
5x
1.
A ↑o - v o A ↑o - v ←a- A ↑o - v→e A ↑o - v ↓i A o - v u
A←a - v o A←a - v ←a- A←a - v→e A←a - v ↓i A←a - v u
A→e - v o A→e - v ←a- A→e - v→e A→e - v ↓i A→e - v u
A ↓i v o A ↓i v ←a- A ↓i v→e A ↓i v ↓i A ↓i v u
A u - v o A u - v ←a- A u - v→e A u - v ↓i A u - v u
5x
2.
↓hi A ↑o - hu H ↑o - ao H ↑o - a←a
↓hi A ←a - hu H ←a - ao H ←a - a←a
↓hi A →e - hu H →e - ao H →e - a←a
↓hi A ↓i - hu H ↓i - ao H ↓i - a←a
↓hi A u - hu H u - ao H u - a←a
5x
3.
↓hi A ↑o - hu H ↑o - ao H ↑o - a←a
↓hi A ←a - hu H ←a - ao H ←a - a←a
↓hi A →e - hu H →e - ao H →e - a←a
↓hi A ↓i - hu H ↓i - ao H ↓i - a←a
↓hi A u - hu H u - ao H u - a←a
5x
4.
↓hi A ↑o - hu H ↑o - ao H ↑o - a←a
↓hi A ←a - hu H ←a - ao H ←a - a←a
↓hi A e - hu H →e - ao H →e - a←a
↓hi A ↓i - hu H ↓i - ao H ↓i - a←a
↓hi A u - hu H u - ao H u - a←a
(New attack only after layer 1 ends the fifth text)
Idioph.
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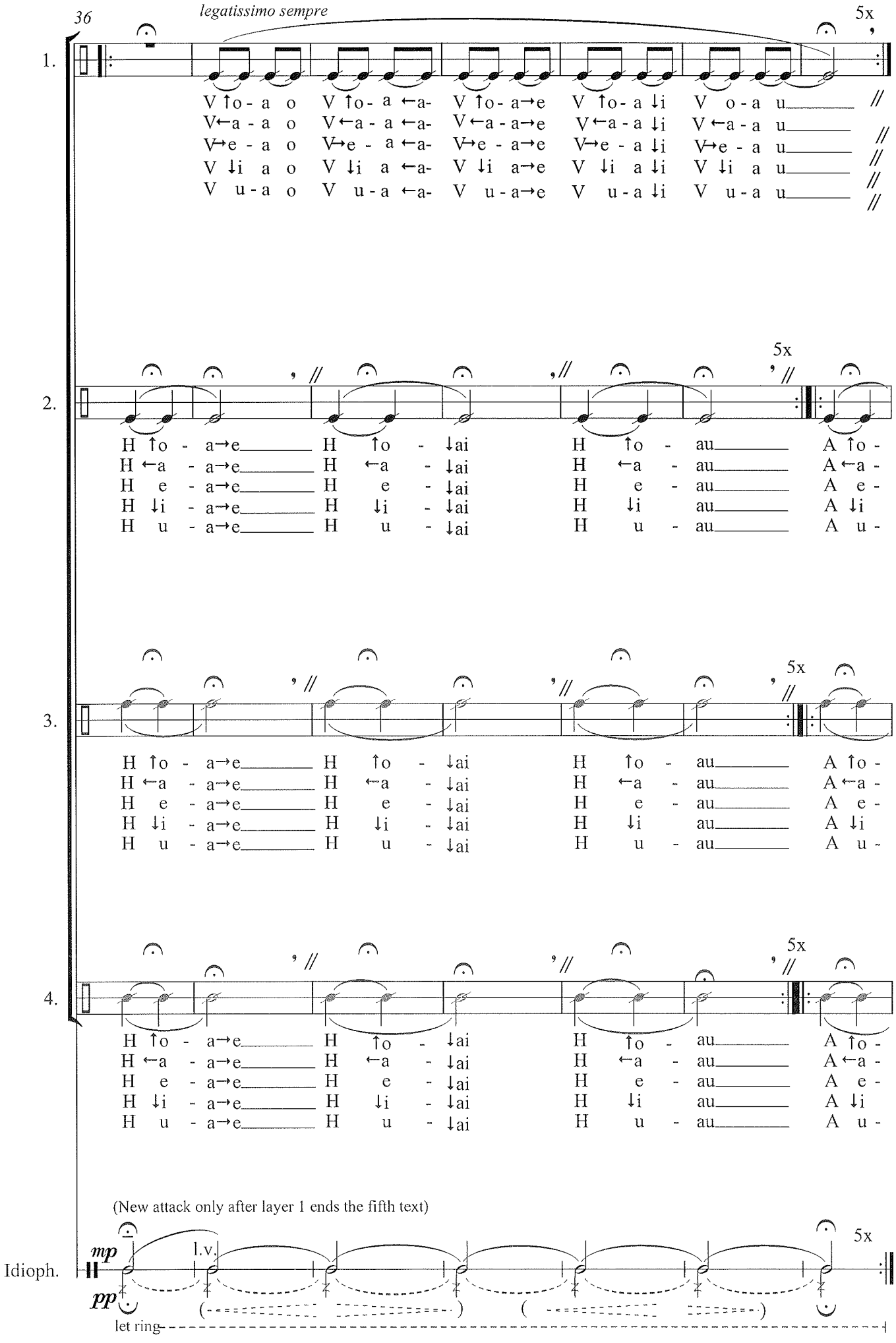
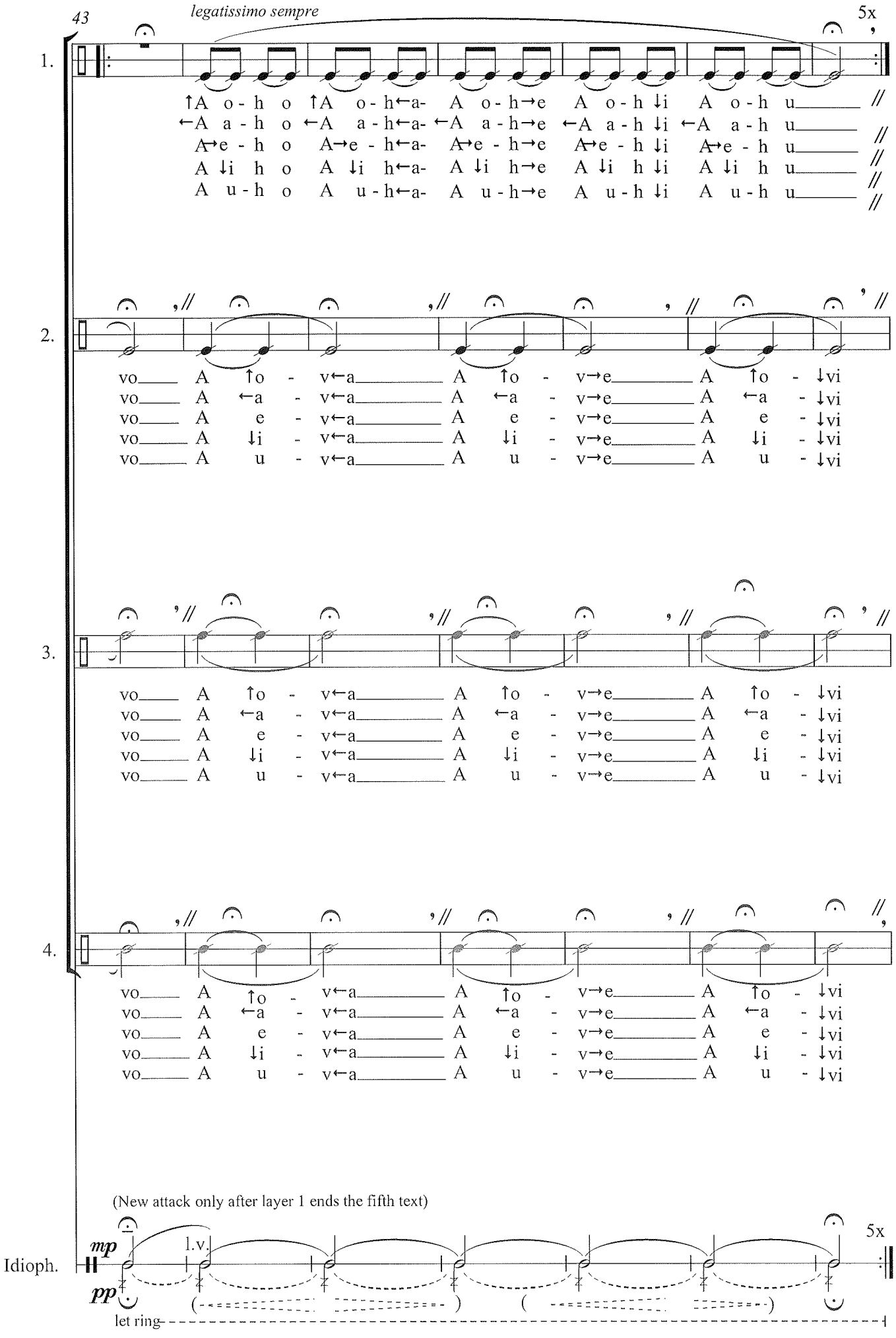
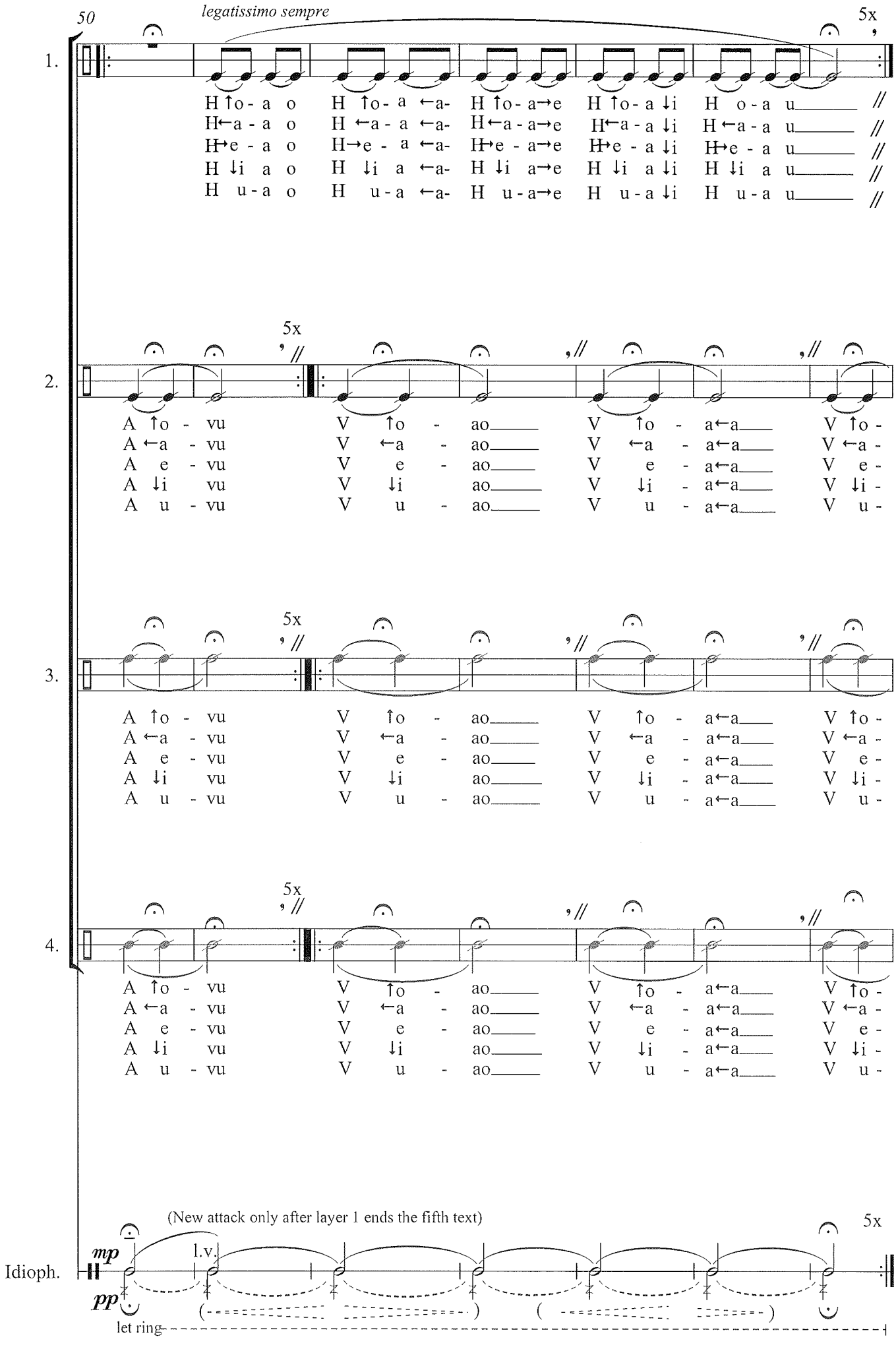
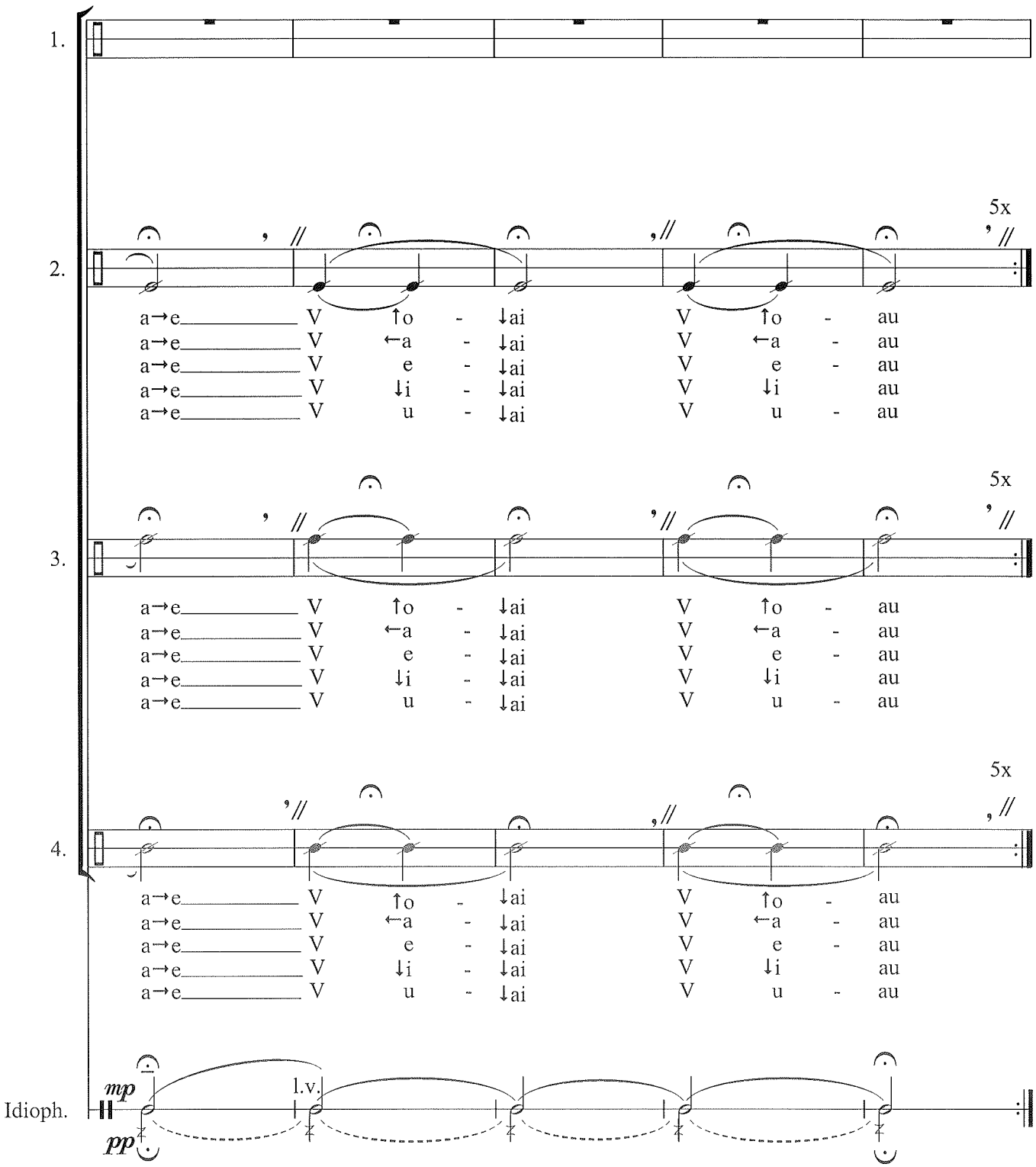
l.v.
pp
let ring

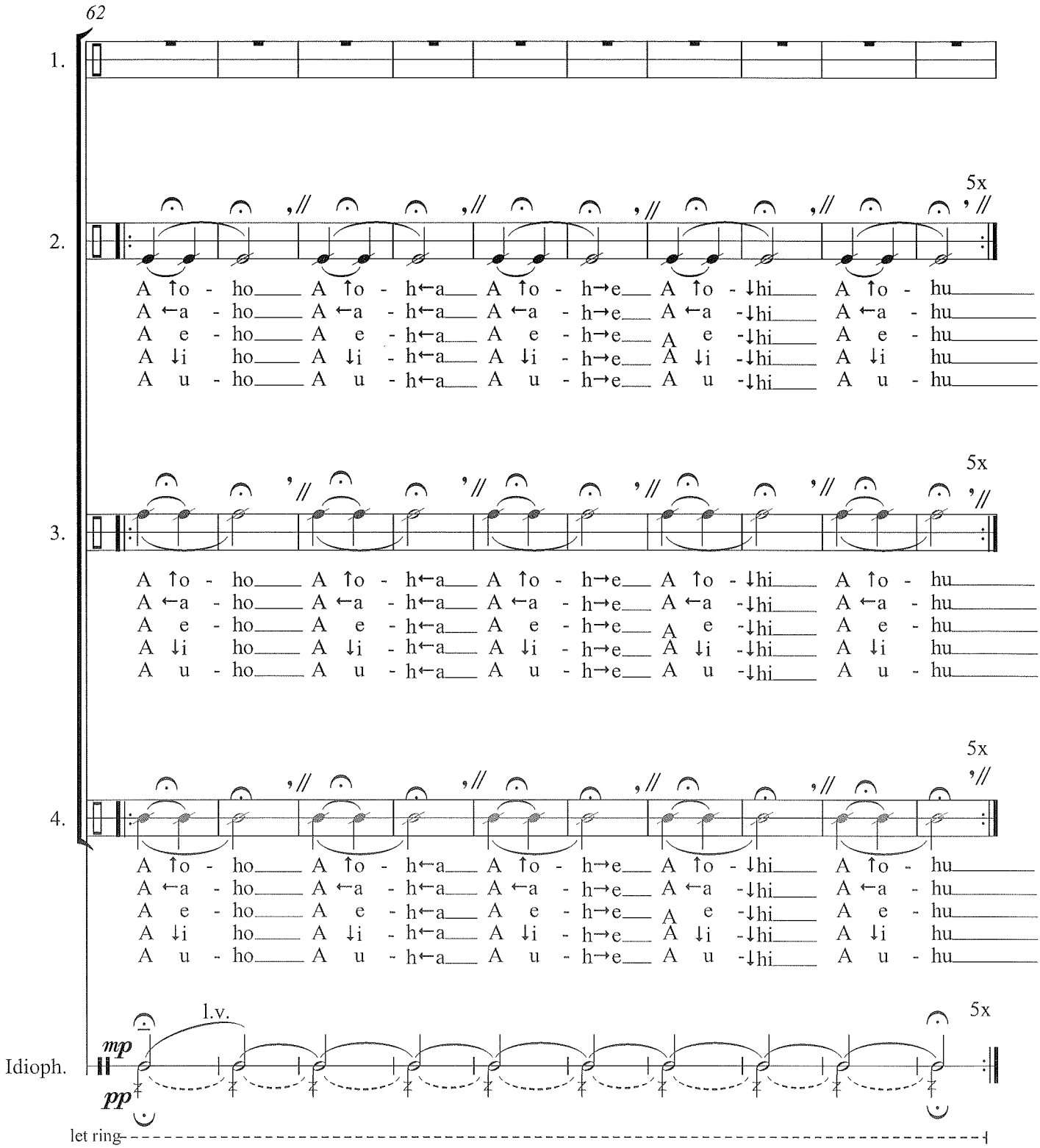

36
legatissimo sempre
5x
1.
V ↑o - a o V ↑o - a ←a- V ↑o - a→e V ↑o - a ↓i V o - a u
V←a - a o V←a - a ←a- V←a - a→e V←a - a ↓i V←a - a u
V→e - a o V→e - a ←a- V→e - a→e V→e - a ↓i V→e - a u
V ↓i a o V ↓i a ←a- V ↓i a→e V ↓i a ↓i V ↓i a u
V u - a o V u - a ←a- V u - a→e V u - a ↓i V u - a u
2.
H ↑o - a→e H ↑o - ↓ai H ↑o - au A ↑o -
H←a - a→e H←a - ↓ai H←a - au A←a -
H e - a→e H e - ↓ai H e - au A e -
H ↓i - a→e H ↓i - ↓ai H ↓i au A ↓i
H u - a→e H u - ↓ai H u - au A u -
3.
H ↑o - a→e H ↑o - ↓ai H ↑o - au A ↑o -
H←a - a→e H←a - ↓ai H←a - au A←a -
H e - a→e H e - ↓ai H e - au A e -
H ↓i - a→e H ↓i - ↓ai H ↓i au A ↓i
H u - a→e H u - ↓ai H u - au A u -
4.
H ↑o - a→e H ↑o - ↓ai H ↑o - au A ↑o -
H←a - a→e H←a - ↓ai H←a - au A←a -
H e - a→e H e - ↓ai H e - au A e -
H ↓i - a→e H ↓i - ↓ai H ↓i au A ↓i
H u - a→e H u - ↓ai H u - au A u -
(New attack only after layer 1 ends the fifth text)
Idioph.
mp
l.v.
pp
let ring

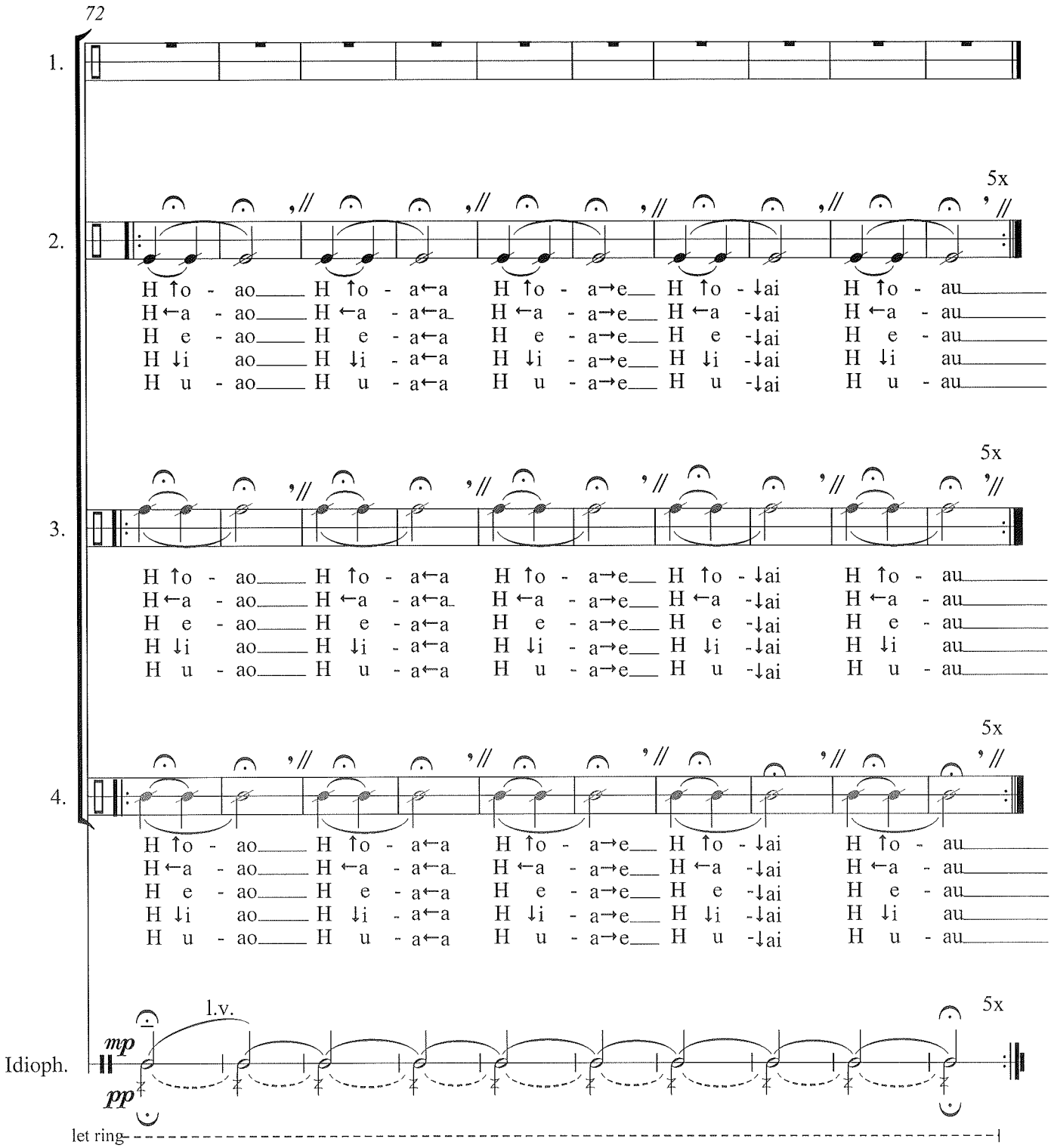

43
legatissimo sempre
5x
1.
↑A o - h o ↑A o - h←a- A o - h→e A o - h ↓i A o - h u
←A a - h o ←A a - h←a- ←A a - h→e ←A a - h ↓i ←A a - h u
A→e - h o A→e - h←a- A→e - h→e A→e - h ↓i A→e - h u
A ↓i h o A ↓i h←a- A ↓i h→e A ↓i h ↓i A ↓i h u
A u - h o A u - h←a- A u - h→e A u - h ↓i A u - h u
2.
vo A ↑o - v←a A ↑o - v→e A ↑o - ↓vi
vo A ←a - v←a A ←a - v→e A ←a - ↓vi
vo A e - v←a A e - v→e A e - ↓vi
vo A ↓i - v←a A ↓i - v→e A ↓i - ↓vi
vo A u - v←a A u - v→e A u - ↓vi
3.
vo A ↑o - v←a A ↑o - v→e A ↑o - ↓vi
vo A ←a - v←a A ←a - v→e A ←a - ↓vi
vo A e - v←a A e - v→e A e - ↓vi
vo A ↓i - v←a A ↓i - v→e A ↓i - ↓vi
vo A u - v←a A u - v→e A u - ↓vi
4.
vo A ↑o - v←a A ↑o - v→e A ↑o - ↓vi
vo A ←a - v←a A ←a - v→e A ←a - ↓vi
vo A e - v←a A e - v→e A e - ↓vi
vo A ↓i - v←a A ↓i - v→e A ↓i - ↓vi
vo A u - v←a A u - v→e A u - ↓vi
(New attack only after layer 1 ends the fifth text)
Idioph.
mp
l.v.
pp
5x
let ring


50
legatissimo sempre
5x
1.
H ↑o - a o H ↑o - a ←a- H ↑o - a→e H ↑o - a ↓i H o - a u
H←a - a o H ←a - a ←a- H←a - a→e H←a - a ↓i H←a - a u
H→e - a o H→e - a ←a- H→e - a→e H→e - a ↓i H→e - a u
H ↓i a o H ↓i a ←a- H ↓i a→e H ↓i a ↓i H ↓i a u
H u - a o H u - a ←a- H u - a→e H u - a ↓i H u - a u
2.
A ↑o - vu V ↑o - ao V ↑o - a←a V ↑o -
A←a - vu V ←a - ao V ←a - a←a V ←a -
A e - vu V e - ao V e - a←a V e -
A ↓i vu V ↓i ao V ↓i - a←a V ↓i -
A u - vu V u - ao V u - a←a V u -
3.
A ↑o - vu V ↑o - ao V ↑o - a←a V ↑o -
A←a - vu V ←a - ao V ←a - a←a V ←a -
A e - vu V e - ao V e - a←a V e -
A ↓i vu V ↓i ao V ↓i - a←a V ↓i -
A u - vu V u - ao V u - a←a V u -
4.
A ↑o - vu V ↑o - ao V ↑o - a←a V ↑o -
A←a - vu V ←a - ao V ←a - a←a V ←a -
A e - vu V e - ao V e - a←a V e -
A ↓i vu V ↓i ao V ↓i - a←a V ↓i -
A u - vu V u - ao V u - a←a V u -
(New attack only after layer 1 ends the fifth text)
5x
Idioph.
mp
l.v.
pp
let ring

57 (As soon as layer 1 ends with its text it will remain in silence until all the other layers finish their parts)




62
1.
2.
5x
A ↑o - ho A ↑o - h←a A ↑o - h→e A ↑o - ↓hi A ↑o - hu
A ←a - ho A ←a - h←a A ←a - h→e A ←a - ↓hi A ←a - hu
A e - ho A e - h←a A e - h→e A e - ↓hi A e - hu
A ↓i ho A ↓i - h←a A ↓i - h→e A ↓i - ↓hi A ↓i hu
A u - ho A u - h←a A u - h→e A u - ↓hi A u - hu
3.
5x
A ↑o - ho A ↑o - h←a A ↑o - h→e A ↑o - ↓hi A ↑o - hu
A ←a - ho A ←a - h←a A ←a - h→e A ←a - ↓hi A ←a - hu
A e - ho A e - h←a A e - h→e A e - ↓hi A e - hu
A ↓i ho A ↓i - h←a A ↓i - h→e A ↓i - ↓hi A ↓i hu
A u - ho A u - h←a A u - h→e A u - ↓hi A u - hu
4.
5x
A ↑o - ho A ↑o - h←a A ↑o - h→e A ↑o - ↓hi A ↑o - hu
A ←a - ho A ←a - h←a A ←a - h→e A ←a - ↓hi A ←a - hu
A e - ho A e - h←a A e - h→e A e - ↓hi A e - hu
A ↓i ho A ↓i - h←a A ↓i - h→e A ↓i - ↓hi A ↓i hu
A u - ho A u - h←a A u - h→e A u - ↓hi A u - hu
Idioph.
l.v.
mp
pp
5x
let ring



(Each singer will naturally finish their text at different times. This is perfectly acceptable.

What is not acceptable is that any part of the text is repeated or missed out).